

Judith-Kate Friedman
Songwriter and Composer • Recording Artist and Producer
Performer • Author • Consultant • Keynote Speaker • Event Producer
Founding Director, Songwriting Works

Recent Achievements

- Touring Artist Caravan to the UK. West Country Storytelling Festival, Devon and London, England, UK. Featured performing songwriter with twelve storytellers, poets, and musicians including poet Robert Bly, novelist Gioia Timpanelli, mythologists Daniel Deardorff and Martin Shaw (2008)
- Research Publication. Study of Songwriting Works featured in the book chapter “Songwriting in the Nursing Home: Transcending the Boundaries of Institutionalization through Music,” Theresa A. Allison, M.D., M. Music, in *the Oxford Handbook of Medical Ethnomusicology: Music, Medicine and Culture*, (Oxford University Press, 2008)
- Exemplary Project Award. Blair J. Sadler International Healing Arts Award, Society for the Arts in Healthcare for Songwriting Works at the Jewish Home San Francisco (2008)
- Community Leader. Film. Featured grant recipient and founder of Songwriting Works, "Between Heaven and Earth," documentary film, Einat Kapak, director Ziv Tzedakah Fund (2008)
- National Public Radio. Feature Story. Songwriting Works demonstration session elders at Luther Manor, Milwaukee, WI in conjunction with UWisconsin’s Center on Age & Community
- Award and Faculty Appointment. MetLife Foundation/American Society on Aging MindAlert Award for Innovative Programs Enhancing Mental Fitness for Older Adults with Cognitive Impairments (2007)
- International Film and Television. Featured performer/composer/project director in “A ‘Specially Wonderful Affair,” documentary film, Nathan Friedkin, Friedkin Digital (2002). International premieres: Barcelona, Jerusalem, Miami, Montreal, San Francisco Jewish Film Festivals; Palm Beach International Film Festival; PBS KQED-TV (2002-2005).

Major Productions

- Festival Founder. Producer. Performer.
 - The Art of Aging Festival for the Center for Creative Aging–West.
 - Julia Morgan Theater, Berkeley (2005)
 - San Francisco, Hilton Continental Ballroom (2004)
- Event Producer. Performer.
 - Aleph: Alliance for Jewish Renewal Kallah. International showcases featuring 30 performing artists • Univ. of New Mexico, Albuquerque, NM (2007), Pittsburgh, PA (2005), Western Washington, U. Bellingham, WA (2003)
 - “Imagining Peace: Poems of Kazuaki Tanahashi”
 - Freight & Salvage/Society for Preservation of Folk Music, Berkeley, CA (2005)

- “Imaginando La Paz en El Mundo” United Nations 60th Anniversary
 - Universidad para la Paz, (UPAZ), Costa Rica. Associate Artistic Producer. (2005)
- Joint Conference of the American Society on Aging/the National Council on the Aging.
 - Opening Ceremony program featured 40 performing artists and speakers and 350-slide show celebrating elders in the arts. San Francisco, CA (2004)

Conference Presentations

- Faculty. Alzheimer’s Association Annual Conference, Seattle, WA (2009), Americans for the Arts National Convention, Seattle, WA (2009), Midrash and Medicine Conference with Rabbi Sheldon Marder, Asilomar, CA (2009), American Society on Aging/National Council on the Aging Annual Aging in America Conference, Las Vegas, NV (2009)
- Faculty. National Center for Creative Aging, Master Trainers, (2007-present)
- Faculty. MindAlert Speaker’s Bureau. MetLife Foundation/American Society on Aging (2007-present) • City of Sacramento Aging Services/Metro Arts, Sacto, CA (2008)
 - North Carolina Center for Creative Aging, Greensboro, NC (2008)
 - Cal State Osher Lifelong Learning Institute, Los Angeles, CA (2007)
 - National-Louis University, Chicago, IL (2007)
 - Minnesota Creative Aging Arts Network/EastSide Arts Council, Minneapolis (2007)
 - Emory University/Wesley Woods Senior Living at Newnan, Newnan, GA, (2007)
- Faculty. Presenter. *Performer **Film Premiere
 - Society for the Arts in Healthcare Annual Conference
 - Philadelphia, PA (2008)** • Nashville, TN (2007)
 - Canadian Association of Music Therapists Annual Conference, Victoria, BC (2007)
 - American Society on Aging/National Council on the Aging Joint Conferences
 - Anaheim, CA (2006) • Philadelphia, PA (2005) • San Francisco, CA (2004, 2003)*, ** • Nashville, TN (1997)*
 - Pioneers of Culture Change Conference, Kansas City, KS (2005)*, **
 - Union of Reform Judaism Biennial Convention, Sacred Aging Initiative.
 - Minneapolis, MN (2003)**
 - Art and the Spirit Retreat, Quaker Center, Ben Lomond, CA (1999, 1995)
- Panel Moderator and Presenter. • North American Alliance of Folk Music & Dance Annual Conference, Albuquerque, NM (1999)

Selected Artist Residencies and Grants

- Artist-in-Residence, Master Trainer, Songwriting Works on the Olympic Peninsula, NEA Creativity and Aging in America (2009)
- Artist-in-Residence, Songwriting Works at Jewish Home San Francisco, CA (1997-present)
- Arts to Elders, Northwind Arts Center, Port Townsend, WA (2007)
- Songwriting Works at Abramson Center for Jewish Life, Philadelphia, PA (2005-06)
- California Arts Council Artist-in-Residence
 - Songwriting Works at the Jewish Home in San Francisco, CA (1996-2003)
 - Artworks at the Institute on Aging, San Francisco, CA (1989-92)

- Marin Arts Council Artist-in-Residence, Songwriting Works in Marin, CA (1996-2002)
- Local Artists Collaborative Exchange, Jackson Heights, NY (2001, 1999)
 - Songwriting Works with Teen Leaders of the Multi-Cultural Awareness Council
- East Bay Conservation Corps/Project YES (Youth Engaged in Service), CA (1996, 1997)
- William James Association Prison Arts Project , Stockton Women's Facility, CA (1996, 1997)

Selected Audio & Video Recordings

- Producer. Performer. Composer. Arranger.
 - “Imagining Peace: the Poems of Kazuaki Tanahashi Set to Music and Performed by West Coast Composers.” Compilation CD (2006, A World Without Armies)
 - “Island On A Hill” Debut CD by Singers & Songwriters of the Jewish Home in San Francisco, (2002, Jewish Home)
 - "Bigger Things." Solo CD co-produced with Jami Sieber (2001, Patience & Adventure)
 - "Count Me In," Solo CD, (1993, Patience & Adventure Musicworks)
 - “Arc of Diamonds,” Solo Album (1986, Patience & Adventure Musicworks)
- Featured Artist. Composer. Performer. Arranger. *Project Director.
 - “A ‘Specially Wonderful Affair,” Nathan Friedkin, Filmmaker. Documentary on the making of the Jewish Home elders’ “Island on a Hill” (above)* (2002, Friedkin Digital)
 - "Count Me In" Music Video. Lori Dovi, Filmmaker. Premiered at Frameline (SF, CA), London (UK) Film Festivals. (1992, Lori Dovi Productions)
- Composer. Performer. Arranger.
 - “Amaze Me: Songs in the Key of Peace.” Compilation CD (2003, Rubberneck Records)
 - “My Guitars, Their Music” Luthier’s compilation CD (2002, johnfmello.com)
- Performer. Arranger. Vocolot Jewish/World Music A Cappella Ensemble.
 - “Heart Beat” Jewish/World Music A Cappella Ensemble CD, (2002, Oyster Albums)
 - "Behold!" Jewish/World Music A Cappella Ensemble CD, (1997, Oyster Albums)
- Performer. Composer. Original Soundtrack.
 - Song “Downwinders” in David L. Brown’s film "Bound By the Wind," documentary on the movement to end nuclear testing. (1992, Energon Films,)

Selected Articles and Print Publications

- Pamphlet. "On Songwriting & the Creative Process." Songwriting Works (2008, 1997)
- Book Chapter. Research Findings on Study of Songwriting Works.
 - “Songwriting in the Nursing Home: Transcending the Boundaries of Institutionalization through Music,” Theresa A. Allison, M.D., M. Music, forthcoming in *the Oxford Handbook of Medical Ethnomusicology: Music, Medicine and Culture*, (Oxford University Press, 2008)
- Book Chapter. Profile of Songwriting Works and “Psalms, Songs & Stories” project.
 - “God Is in the Text,” Rabbi Sheldon Marder, in *Jewish Pastoral Care, 2nd ed: A Practical Handbook,* . D. Friedman, ed., (Jewish Lights Publications, 2005)

Selected Articles and Print Publications (continued)

- Feature Stories. Profiles.
 - “Winning Mind Workouts that Keep Older Americans Sharp.” Dow Jones’ Market Watch, Market Watch.com (2007)
 - “Creative Currents: 2007 Mind Alert Awards” Aging Today. (2007)
 - “The Healing Power of Music” Acoustic Guitar Magazine (1996)
- Feature Articles. Author.
 - “Freeing the Voice Within: The Healing Art of Songwriting” Aging Today. (2004)
 - “Freeing the Voice Within: The Healing Art of Songwriting with Elders Diagnosed with Dementia, Alzheimer’s Disease, and Other Cognitive Disorders” Signpost, National Health Service, Wales U.K (2004)
 - “Creativity At Any Age” Acoustic Guitar Magazine (1996)
- Interviews.
 - FORSA news, American Society on Aging Forum on Religion, Spirituality & Aging (2004) “Singing and Sharing the Spirit with Elders: A Talk with Judith-Kate Friedman”
- Song Transcription.
 - Pass It On! The Journal of the Children’s Music Network (2002) “Me Hace Alegre,” Songwriting Works’ composition by 2nd graders in Berkeley, CA.
- Songbook. “Singing Our Songs: the Marin Elders’ Songs Project.” (Songwriting Works ,1996)
- Columnist. National Alliance of Folk Music & Dance Newsletter “Women in Folk.” (1996-98)
- Guest Columnist. Hot Wire: Journal of Women’s Music and Culture
 - “Access: Disability and the Arts” (1988)
 - “The First Solo Tour” (1986)

Selected Awards and Honors

- Artist, Juried Touring Roster, Arts Northwest (2008-present)
- Awards. Arts, Healthcare and Aging. Founding Director, Songwriting Works
 - 2009 National Endowment for the Arts “Creativity and Aging in America” grant for Songwriting Works on the Olympic Peninsula in conjunction with Arts Northwest and the Olympic Area Agency on Aging
 - 2008 Blair J. Sadler International Healing Arts Award, Society for the Arts in Healthcare
 - 2007 MetLife Foundation/American Society on Aging MindAlert Award for Innovative Programs Enhancing Mental Fitness for Cognitively-Impaired Older Adults
 - 2004 Association of Jewish Aging Services (AJAS), Best Program Award, Songwriting

Works at the Jewish Home in San Francisco

- Awards. Music and Film. Composer. Performer. Project Director.
 - 2006 Best Music Film/Video of the Year, Just Plain Folks international music awards
Third Place for "A 'Specially Wonderful Affair" documentary
 - 2004 Best Jewish Song of the Year. Just Plain Folks international music awards
First Runner Up Award for "I'm 100 Years Old" song on "Island on a Hill" CD
- Awards. Songwriting and Performance.
 - John Lennon Songwriting Contest. Honorable Mention for "Separate But Equal" (1998)
 - West Coast Songwriter's Association.
 - Best Song Winner and Song of the Year Finalist. (1998, 1994, 1991, 1989)
 - Best Performer. Award (1995, 1994, 1991)
 - South Florida Folk Festival Songwriting Competition. FL. Finalist. (2002)
 - Songs Influenced By Literature Contest. San Francisco, CA. Finalist. (2001)
 - Northeast Regional Folk Alliance (NERFA) Conference. PA. Showcase Artist. (2000)
 - Falcon Ridge Folk Festival Songwriting Competition. Hillsdale, NY. Finalist. (1995)
 - Columbia Music Festival, Songwriting Competition. Spokane, WA. Finalist. (1991)
 - Kerrville Folk Festival, New Folk Songwriting Competition. TX. Finalist. (1990)
 - Napa Valley Folk Festival Songwriting Competition. CA. Finalist. (1990, 1989)
 - Music City Song Festival. Nashville, TN. Vocal Performance Award. (1989)
- Touring Roster Artist. California Arts Council. (1997-2003)
- Governor's Commendation for Community Service to Elders Through Music.
Governor Gray Davis of California (2002)

Community Service

- Cantorial Soloist.
 - Congregation L'dor V'dor. San Francisco, CA. Jewish High Holy Days. (2003-08)
 - Olympic B'nai Shalom Havurah, Sequim, WA (2008)
 - Congregation Bet Shira, Port Townsend, WA (2008)
- Faculty.
 - MindAlert Speakers' Bureau. Met Life/American Society on Aging (2007-present)
 - The MythSinger Foundation (2007-present)
 - Creativity and Dementia Think Tank & Symposium, Univ. of Wisconsin, Milwaukee/
Center for Age & Community (2006)
- Grants Panelist. California Arts Council, Community Arts Grants, (2003)
- Radio Producer and Program Host.
 - KPFA-FM, Pacifica Radio, Berkeley, CA. World Music programmer/DJ. (1989-91)
 - WOBC-FM, Oberlin, OH. Public Affairs Producer. Music programmer/DJ. (1979-83)
- Trustee. Oberlin College and Conservatory of Music. Oberlin, OH. . (1983-86)

Education

B.A. Oberlin College, Oberlin, OH (1983) *English Literature, Folklore, and Poetry
Writing concentration. Coursework at Oberlin Conservatory of Music.*

C.M.T. National Holistic Institute, Emeryville, CA (1986)
Certification in Therapeutic Massage

Contact:

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